

Online safety

TIPS FOR CHILDREN AND TEENS



Know your rights – remember that you have the right to be safe and respected online.



Be kind to others online – social media and gaming should be a positive experience for everyone. Treat others with the respect you would like to be treated with.



Think before you post – photos, videos and comments can stay online forever. Share now only what you would be comfortable with others seeing years later.



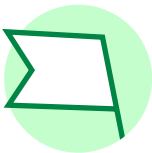
Protect your personal information – do not share private details such as your full name, address, school, phone number, passwords, or live location online.



Remember that AI is a tool, not a real person – AI can make mistakes and create false information, fake images, videos, voices and messages.



Check before you trust or share – not everything online is true. Always question information, especially surprising stories, videos, or messages, and check reliable sources before sharing.



Recognise danger – stop and think about strange requests from 'friends of friends', 'too good to be true' offers, or messages trying to pressure you into a decision.



Do not accept photos or chat requests from strangers – if you doubt someone's age or identity, ask an adult to check who it is (or tell them that 'your dad/mum is next to you' and see the reaction).



Use privacy and security settings – keep your accounts private, use strong passwords, and turn on extra security features whenever possible.



Do not share private images – never share intimate photos or videos, even if someone pressures you (especially if you're under 18). Once shared, they're out of your control.



Block, report and save evidence – if someone online is bullying, scamming, threatening, or making you feel uncomfortable, report and block them, and keep screenshots or messages.



Tell an adult you trust if something feels wrong – you are not being silly and you are not in trouble for asking for help.



Help make the internet a safer place – learn how apps, games, websites, algorithms and AI work, and help others to stay safe too.



Use your voice – get involved and shape the future of the digital world.

